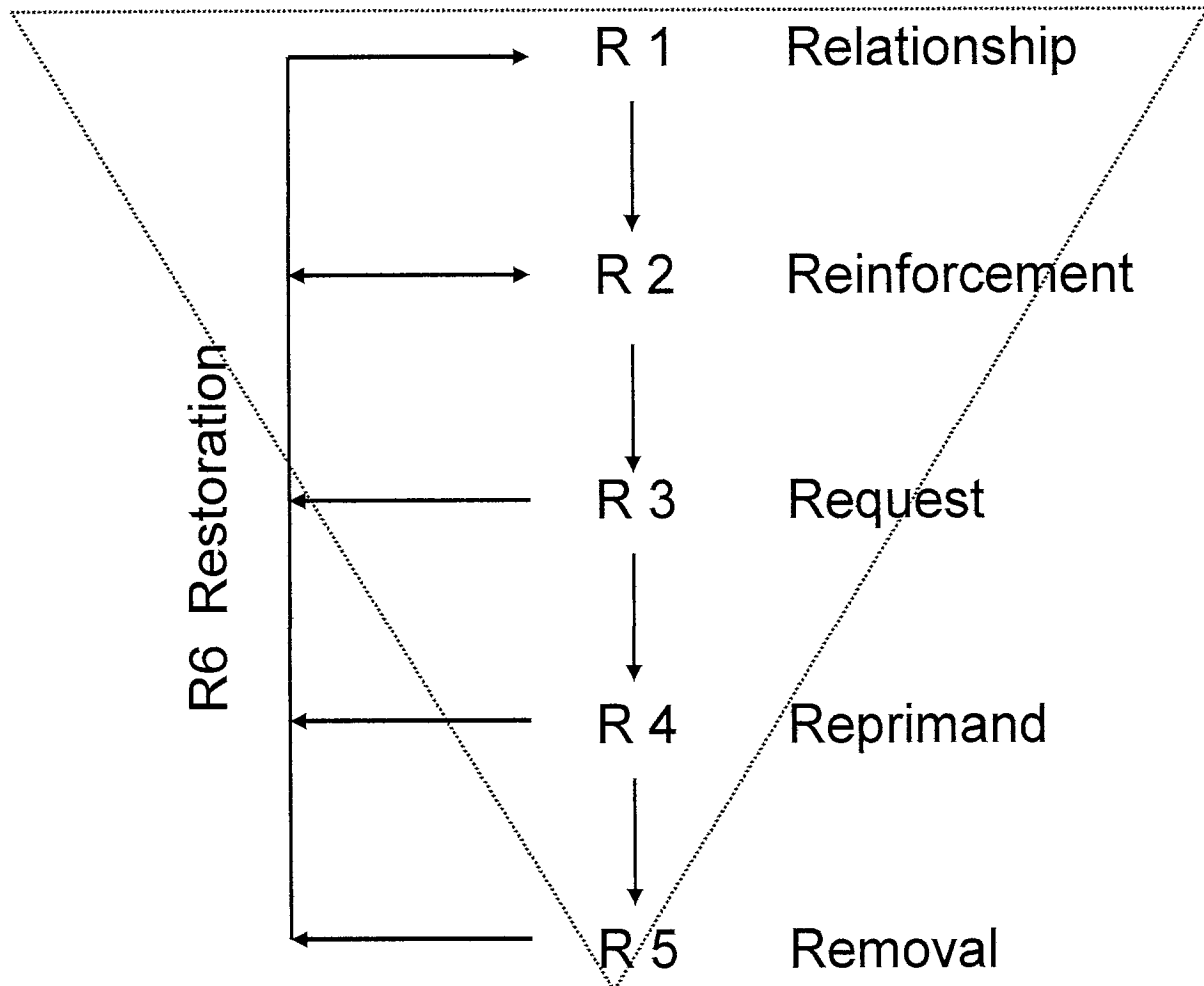


# The Reinforcement Matrix - RMX

## A Behaviour Management and Change Strategy



### Notes:

- Do most of R1 and R2, least of R5 (imagine an upside-down triangle imposed over top of it).
- Always return to R2 and then back to R1 – following higher-level intervention
- Removal may be physical removal to ‘time-out’, but may also mean removal of privileges
- Each stage has a range of interventions and strategies within it.
- Some level of consistency by caregivers and other professionals is a key.

**Mike Garland - Changemaker Consultants Ltd**

•PO Box 1604 ~ Palmerston North ~ New Zealand

•Phone: +64 6 357-9974 Mobile: +64 (0) 27 2998-765 ~ [www.changemaker.co.nz](http://www.changemaker.co.nz) ~ Email: [info@changemaker.co.nz](mailto:info@changemaker.co.nz)

•Copyright September 2007 – not to be used in training without the permission of the author.